The South 40

Now is the time to work on grapes, peach trees

By James A. Smith
Extension Agent

As soon as grapes defoliate they can safely be pruned. it's a good time to get this job behind, clean up the area and ready to fertilize and apply a herbicide come spring.

* * *

Home gardeners with peach trees should spray for peach leaf curl as soon as leaves fall, but before hard freezing weather. Either Ferbam, Liquid Lime or Bordeaux spray will do the job.

* * *

There are some strong indications that fall is the better time to transplant blueberries. Last year a number of growers reported losses due to cold when plants were put out in March or April.

Holiday Lake 4-H Camp has a nice planting of about 175 blueberries. There are six varieties. This is a demonstration planting - - you are welcome to oberve the growth and development of this demonstration plot.

* * *

A new burley tobacco disease has been identified in Kentucky. The culprit is Mycorrihizal fungi. This fungi is found in all soils and generally assumed to be beneficial in regards to nutrient uptake. Depending on the strain, it can become a pathogen.

Although this problem has not been identified in Virginia, Burley growers in particular are asked to observe the 1983 crop closely.

The symptoms are: Appears in first month following transplanting; plants grow slow, seldom die; usually affected plants appear in groups ("hot spots") as uneven growth, severely stunted plants occuring beside vigorous plants, severely diseased plants may not flower, diseased plants lodge worse, quality is reduced and production may be off 50%.

Some work in Kentucky shows gross returns down $1500 per acre.

* * *

This week marks the first week of marketing dark fire cured tobacco. There are costs associated with marketing the crop. Cost of selling has been reduced by ½ of a percent to 3½%. The grading fee is up from 45c per cwt. to 55c per cwt. Weighing is 75c per cwt. This year there is a new charge, called an assessment fee, to insure that there is no cost to the government; it is 2c per pound.

* * *

The flue cured tobacco crop sold for $8.60 over 1961 but Stabilizaiton got 24.50% of the crop. This compares with receipts of only 8.58% in 1981.

For a number of years, the Virginia crop had been one of the highest contributors to pool stocks. This year there was four other type areas selling larger amounts from Virginia to Stabilization.

* * *

Burley producers will average $1.75 per pound for the 1982 crop, down from the $1.81 per pound announced earlier this year. It will still be 7 percent higher than the 1981 support level of $1.63 per pound.

It had been expected that this crop would be around 680 million pounds, but favorable weather has shot production to an estimated 775 million. This is the first year in a long time that burley producers have been faced with over-production.

* * *

There are two new flue cured tobacco varieties available for 1983 planting - - - Coker 176 and K 326.

Coker 176 has a high level resistance to TMV, rootknot nematodes and Granville wilt. It is moderately resistant to black shank. In the official test at Blackstone, it averaged 2815 pounds, valued at $4959.

K 326 is moderately resistant to black shank and Granville wilt and is resistant to rootknot nematodes. In the offical test, it averaged 3119 pounds worth $5634 per acre.

* * *

There were 20 varieties in the official flue cured test at Blackstone that averaged 3,206 pounds and a value of $5125.

* * *

Nearly 11,000 pounds of wool was pooled and marketed. Wool prices are down. Clear wool sold for $46.00 per cwt.

Last Wednesday Leon Moore marketed 1600 pounds of dark tobacco that averaged $2.03. Prices ranged from $1.30 to $2.46 per pound.

Retired teachers will meet

The Appomattox County Retired Teachers' Association will meet at St. Anne's Episcopal Church on Tuesday, Dec. 7, at 12 noon. Lunch will be served by the ladies of the church.

Mrs. Charles T. Moses will be the guest speaker. Her subject will be "Christmas is.

All members are urged to be present.

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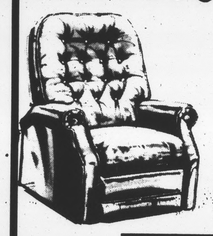
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An easy way to dress up a meal

By Shirley W. Walton
Extension Agent

Dress Up A Meal

Would you like to dress up or brighten up meal time with a quick and simple way? This easy way can make dishes look more appetizing and taste better as well. You may do this by using one of the most versatile and helpful recipe ingredients imaginable - - the vivid red pimento. The bold bright color of the pimento does for a dish what a bright fashion scarf does for a basic costume. It transforms the mundane into something special. A small jar of diced pimentoes adds zest and appetite appeal to soups, salads, casserole dishes, quiches, meatloaf, chicken pie, potato salad and creamed corn. The pimento flavor is so delicate that it blends with and enhances with other flavors without being dominant.

Even a dish of buttered broccoli looks more festive and becomes more tantalizing to the taste with a strip of pimento as a topping. Take a bowl of simple rice, bathe it in some butter and lace it with pimento bits and it becomes the gourmet's delight. The food we eat should be a pleasure to the eye, as well as to the taste buds.

According to the Associated Pimento Canners of Griffin, Georgia, pimentoes are rich in Vitamin A and C, as well as vegetable protein. As for calories, one whole pimento contains only seven. That's why the pimento is an appropriate addition to the dieter's stand-by, the green salad. Pimento also is the main ingredient in tangy, low calorie salad dressings that can be quickly and easily prepared. This receipe will follow as recipe of the week.

For cooks with imagination, the ways to brighten foods with versatile pimentoes are endless. As a festive garnish for the holiday season or a delicately flavored ingredient, the pimento will pep up foods you prepare everytime.

If you have a homemaking question or problem, you may call 352-8244 or you may write P.O. Box 488, Appomattox, VA 24522. It is always a pleasure to hear from you and to help you.

Have a good week!

RECIPE OF THE WEEK
Pimento Salad Dressing

In a blender or food processor, combine a seven-ounce jar of pimento, 2 tablespoons cider vinegar, 2 tablespoons mustard, and 4 teaspoons sugar (equivalent of artificial sweetener could be used).

Process until smooth and pour over favorite tossed green salad. This is low-calorie, delicious and nutritious.

Menus

Appomattox Primary School Menus - December, 1982

Wed., Dec. 1 - Bologna, gravy, baked beans, carrot & cabbage slaw, home baked roll, butter, chocolate pudding, milk.

Thurs., Dec. 2 - Hamburger on bun, lima beans, peaches, milk.

Fri., Dec. 3 - Fish squares, greens, macaroni & cheese, home baked roll, butter.

Mon., Dec. 6 - Pizza, tossed salad, peaches, Happy Birthday Cake, milk.

Tues., Dec. 7 - Chili beans, slaw, home baked roll, butter, cherries, milk.

Wed., Dec. 8 - Chicken, gravy, creamed potatoes, mixed vegetables, bread, milk.

Thurs., Dec. 9 - Hamburger on bun, French fries, string beans, milk.

Fri., Dec. 10 - Tomato soup, crackers, grilled cheese sandwich, fruit, milk.

Mon., Dec. 13 - Hot dog, carrot & cabbage slaw, pork & beans, milk

Tues., Dec. 14 - Ham pattie, creamed potatoes, gravy, string beans, home baked roll, butter, milk

Wed., Dec. 15 - Beefaroni, tossed salad, home baked rolls, butter, cherries, milk.

Thurs., Dec. 16 - Turkey, gravy, dressing, green peas, candied yams, bread, milk.

Fri., Dec. 17 - Vegetable soup, crackers, toasted cheese sandwich, mixed fruit, cookie, milk.

Mon., Dec. 20 - Peanut butter & Honey sandwich, string beans, French fries, cookie, milk.

Tues., Dec. 21 - Chuck wagon, corn on cob, home baked roll - butter, mixed fruit, milk.

Wed., Dec. 22 - School Closed for Holidays!

Appomattox Elementary School Menu

Mon., Dec. 6 - Chicken pot pie, tomato and lettuce salad w/dressing, sliced peaches, milk.

Tues., Dec. 7 - Cheeseburgers, potato triangles w/catsup, seasoned mixed vegetables, diced pears, milk.

Wed., Dec. 8 - Hot dog on bun, pork & beans, cole slaw, cherry cobbler, milk

Thurs., Dec. 9 - Sabatassa pizza, tomato & lettuce, salad w/dressing, sliced buttered carrots, fruit cup, milk.

Mon., Dec. 13 - King pork patties, seasoned green peas, hot rolls, macaroni salad, sliced peaches, milk.

Tues., Dec. 14 - Holly Farm Chicken Filet w/bun, seasoned turnip greens, buttered corn, fruit cup.

Wed., Dec. 15 - Hot dog on bun, pinto beans, cole slaw, sliced pineapple, milk.

Thurs., Dec. 16 - Sliced turkey w/gravy, green beans, whipped potatoes, diced pears, milk.

Fri., Dec. 17 - Oven-battered fish w/catsup, hot rolls, buttered lima beans, potato tarts, fruit cup, milk.

Mon., Dec. 20 - Beef & cheese pizza, tomato and lettuce, salad w/dressing, sliced buttered carrots, diced pineapple, milk.

Tues., Dec. 21 - Sloppy Joe on bun, seasoned green peas, creamy potatoes, cake w/icing, peach halves, milk.

Have a Merry Christmas and Happy New Year

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